



Harpenden Arrows
AGM February 3rd 2024
Aldwickbury Golf Club at 18:30

Housekeeping

- Please mute / turn off mobile phones



Agenda

- Welcome
- Elections
- A year in review
 - 2023 and plans for 2024
 - Membership Report
 - Treasurer Report
 - Members Q&A
- Closing Remarks



Welcome - Simon

- Introducing the team who keep Arrows going.....



Introducing your Management Team



**Speirsy
Chair**



**Sharon Stanley
Secretary**



**Helen
Treasurer**



**Anita
Social & Welfare**



**Lyndon
Membership**



**Graham
Without Portfolio**



**Rowland
Kit**



**Djerk
IT/Welfare**



**Michael
Without Portfolio**

Elections

- Sharon Stanley - has been acting as Club Secretary (co-opted) for the past 12 months. No vote needed if no other nominees
- Sharon Neely – we have warmly accepted her nomination for her to join the committee ‘without portfolio’



"9.4 If there is only one candidate nominated to fill any particular vacancy, that candidate shall be declared elected unopposed for that particular vacancy at the next annual general meeting."

Review of 2023



What we said we'd do in 2023

Area	What we said we'd do	What's happened in 2022
Social	<ul style="list-style-type: none"> Continue the focus in building the community spirit 	<ul style="list-style-type: none"> Anita and Sharon have been great in organizing formal events like the awards celebration, Georgie's celebration, MWRRL beer tokens, Speakers (Patrick / Roger / Jen), Christmas run, quiz night and key events whilst post-run activities have been frequent Commendable out-reach to support Arrows on some specific occasions whether celebration or consolation
Run Groups / Training	<ul style="list-style-type: none"> Look at options to boost attendance 	<ul style="list-style-type: none"> Restarted track with some good attendance, but it has tailed off and diluted attendance at club. Attempting once a month in 2024 Start time evaluated – most popular time was still 7:30pm 4m, 5m & trail reasonably well supported. Falling numbers – sometimes only the run-leader or a coordinator was at club but helped by RunLeader advertising of runs. Looked at 5k as a regular run – but little hope to do this with falling numbers and RunLeader availability Beginners course examined – but parked with lack of ability to provide RunLeaders Leagues and the parkrun tourism was VERY successful MWRRL was successfully held Speakers – Physio / S&C coach
Run Leaders	<ul style="list-style-type: none"> Expand the RunLeader group 	<ul style="list-style-type: none"> 3 people qualified from any initial interest of 5-6

The Focus for 2024

Area	Areas
Ideas!	<ul style="list-style-type: none">• Have we got it right?• Always looking for ideas. We want the club to be a community of welcoming and happy runners who have a desire and opportunity to come together.• Very few received – but some individuals taking the initiative to organise themselves and others. We love it.
Social	<ul style="list-style-type: none">• Continue with much of the same – 1st dinner for 4 years is a good start?
Leagues & Events	<ul style="list-style-type: none">• Club Leagues – keeping on focus on a smaller number of local races• Likely hosting MWRRL Div 2&3 out of the Rugby Club (May/June) or KWS. Looking at options• Potential XC hosting – reliant on Rothamsted Park support• Parkrun tourism• Salzburg marathon (thank you John!)• 5k Invitational?• Speakers – Run Technique Physiotherapy, S&C, Nutrition, other?
Run Groups / Training	<ul style="list-style-type: none">• Track nights at Luton – 1st Tues of the month, with hills/speed and other options on remaining Tuesdays• Club 5k – dwindling attendance. January decision to pull it until the summer course – to find a replacement• RunLeaders – have been struggling in Jan to fill all places – may do an ‘Arrows’ RunLeader briefing• Beginners – on a back-burner for now
Welfare	<ul style="list-style-type: none">• Look to see what else could be done?

Membership Report

- Lyndon



Sustained renewal rate of 73%, but reduced new joiners

31 Dec 2021		31 Dec 2022		31 Dec 2023	
<u>Members</u>		<u>Renewals</u>	191	<u>Renewals</u>	174
		without EA	74	without EA	62
without EA	116	with EA	117	with EA	112
with EA	145				
Total paid-up	261	<u>Beginner Group Graduates</u>			
		without EA	18		
Of which:					
Renewals	163	<u>New joiners (incl transfers)</u>	29	<u>New joiners (incl transfers)</u>	15
New joiners	50	without EA	17	without EA	10
beginners	48	with EA	12	with EA	5
		Total		Total	
		Without EA	109	Without EA	72
		With EA	129	With EA	117
		Total paid-up	238	Total paid-up	189

Membership Report continued.....

- Support by our members - thank you!
- Membership fees for 2024 will be maintained
- Renewal process
- In Case of Emergency details

Treasurer Report

- Helen Harper / Simon Speirs



Income as at 31 December 2023

INCOME & EXPENDITURE

INCOME

Member subscriptions inc. EA

Beginners course

Sundry income

New kit discount offer

Surplus/(loss) on AGM and awards events

TOTAL INCOME

	2023 £	2022 £
Member subscriptions inc. EA	4,838	5,651
Beginners course	0	475
Sundry income	3	0
New kit discount offer	0	(92)
Surplus/(loss) on AGM and awards events	0	(151)
TOTAL INCOME	4,841	5,883

Expenditure as at 31 December 2023

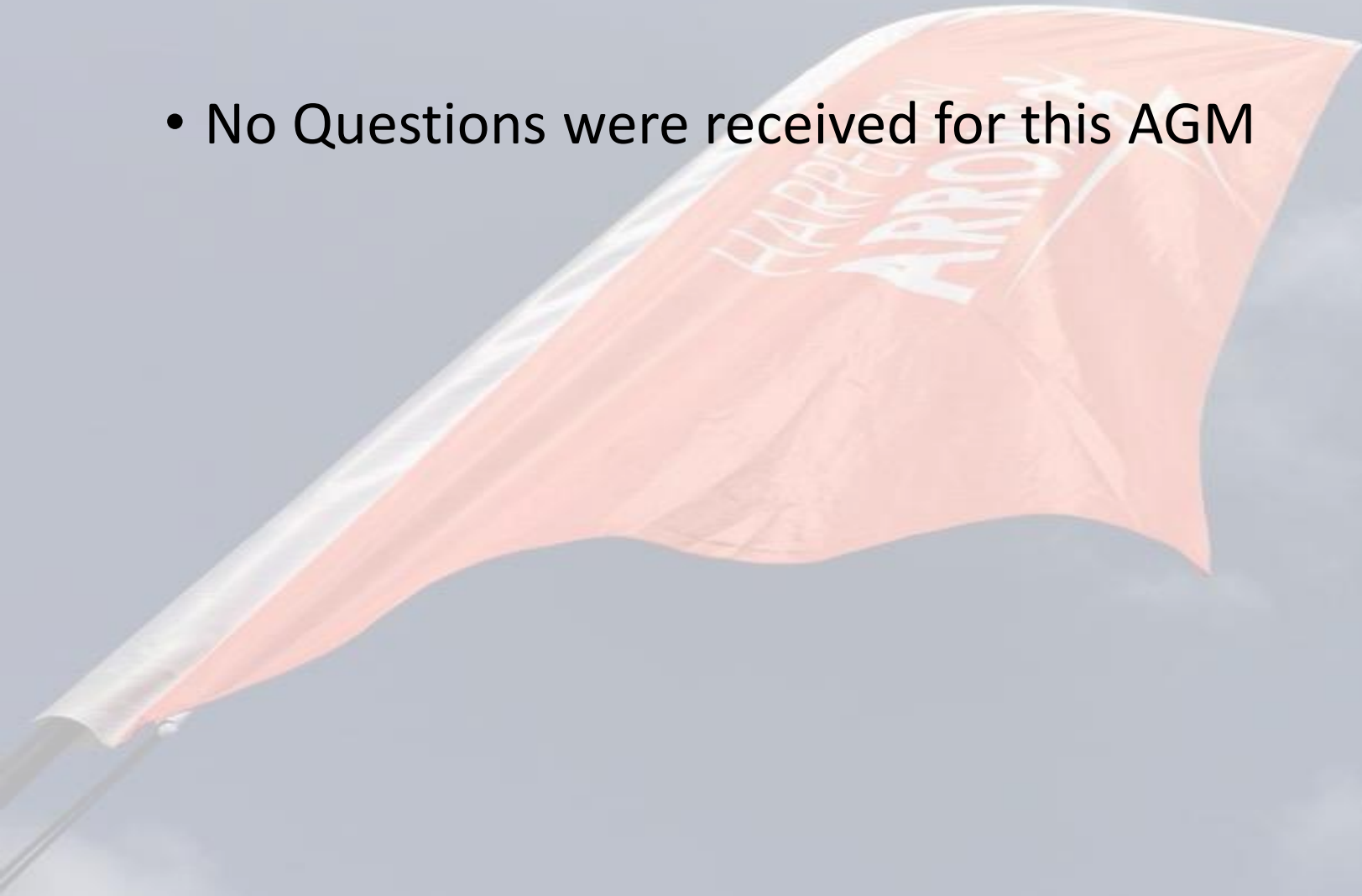
	2023 £	2022 £
EXPENDITURE		
<u>Core club costs</u>		
Venue hire	(1,047)	(880)
Race fees & running events	(837)	(101)
Club affiliation fees	(238)	(233)
	<u>(2,122)</u>	<u>(1,214)</u>
<u>Additional member benefits</u>		
Track nights	(745)	(504)
Trophies and medals	(303)	(165)
Speakers	(104)	0
Training	(550)	(10)
Social events and member rewards	(777)	0
	<u>(2,479)</u>	<u>(679)</u>
<u>Administrative and other costs</u>		
IT and website	(347)	(331)
Donations	(50)	(394)
Stationery, equipment, sundry and contingency	(348)	(589)
	<u>(745)</u>	<u>(1,314)</u>
TOTAL EXPENDITURE	(5,346)	(3,207)
SURPLUS/(DEFICIT)	<u>(505)</u>	<u>2,676</u>

Balance sheet as at 31 December 2023

	2023 £	2022 £
BALANCE SHEET		
ASSETS & LIABILITIES		
Stock	219	236
Cash at bank	15,597	16,820
Prepayments and other debtors	1,016	532
Creditors/Accruals	(90)	(141)
Deferred income	(1,169)	(1,369)
	<u>15,573</u>	<u>16,078</u>
RESERVES		
Opening members reserves	16,078	13,402
Suprlus/(loss) for the period	(505)	2,676
Closing members reserves	<u>15,573</u>	<u>16,078</u>

Members' Q&A

- No Questions were received for this AGM



Chair's Closing Remarks

- Keeping it fresh
- Making sure training sessions are held and runners safe
- Continue with supporting the Arrows community

Thank you for attending!



Here's to 2024!!!